

# Psychiatry

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RESIDENCY PROGRAM AT  
**Osceola Regional  
Medical Center**

# Welcome to the Psychiatry Residency Program at Osceola Regional Medical Center

The Psychiatry Residency Program at Osceola Regional Medical Center is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

**Above all else, we are committed to the care and improvement of human life.**

ACGME ID: 4001100319

## Tracks & Positions

| Tracks      | NRMP #    | Available Positions |
|-------------|-----------|---------------------|
| Categorical | 1587400C1 | 6                   |

## Salary

| PGY1     | PGY2     | PGY3     | PGY4     |
|----------|----------|----------|----------|
| \$55,267 | \$56,819 | \$58,587 | \$60,668 |

Welcome to the UCF COM/HCA GME Consortium Psychiatry Residency Program of Greater Orlando!

Our mission is to equip residents with necessary knowledge, skills and expertise to practice Psychiatry in the 21st century. We want to seek residents who will emphasize humane application of scientific knowledge, pursue lifelong self-directed learning, utilize efficacious and cost-effective treatments for patients, respond to the needs of individuals and the community, and adhere to the highest standards of academic excellence and professional ethics.

Our program provides outstanding clinical training sites combined with comprehensive didactics and active learning methodologies covering the entire spectrum of Psychiatry, from neuroscience and psychopharmacology to the art and practice of psychotherapy.

Residents will do their clinical training at three main hospitals including Osceola Regional Medical Center in Kissimmee, Orlando VA Medical Center and Nemours Children's Hospital in Lake Nona. Multidisciplinary treatment team settings at Osceola Regional and Orlando VA will allow residents opportunity to work with psychologists, social workers, nurses, pharmacists, medical students and other staff dedicated to patient care in addition to psychiatry supervisors.

Didactics will take place on Tuesday afternoons from 12- 5 PM for PGY 1-3 Residents. PGY 4 Residents will have their didactics on Thursday afternoons. We have joint didactics with NOVA Psychiatry Program at Orlando VA. Didactics for each resident group will include two hours of psychotherapy and two hours of non-psychotherapy (Psychopharmacology, DSM-5, sub-specialties, etc.) curriculum. Journal club, Resident as teacher workshops, Quality improvement and Wellness topics are integrated within the didactic curriculum. Each resident will also participate in Patient Safety and Quality Improvement project throughout their training. In light of the increasing burnout and stress that is common in postgraduate medical training, we have placed special emphasis on wellness and meaningful resident connections in our program.

We appreciate your interest in our program and look forward to receiving your application. In the meantime, if you have any questions about our program, please feel free to contact us.

**Anuja Mehta, MD**

Program Director

# Our Faculty



## **Anuja Mehta** MD, Program Director

- Dr. Mehta is a board certified adult, child and adolescent psychiatrist. She completed her Undergraduate and Medical School training at University of Florida. She remained at University of Florida for her General Psychiatry training program. Afterward, she went to Boston Children's Hospital/Harvard Medical School to complete fellowship training in Child and Adolescent Psychiatry.
- Dr. Mehta has been with the UCF College of Medicine since 2016. She served as Assistant Clerkship Director for a year followed by serving as the Clerkship Director of Psychiatry for another 18 months. She took over the leadership of UCF/HCA's Greater Orlando Psychiatry Residency program as of August 2019. She currently maintains her clinical practice at Nemours Children's Hospital. She has authored peer reviewed publications, a book chapter, and presented numerous posters and workshops on topics ranging from ADHD, childhood anxiety, narrative medicine and promoting resilience and wellness.
- Dr. Mehta has had long standing passion for teaching. She led Psychiatry Resident In training Examination review sessions for her fellow peers in residency. During fellowship training, she was selected to participate in the Harvard-Macy Institute's Program for training Future Academic Clinician Educators. Currently, she oversees the didactic curriculum for all 4 years of psychiatry residents. In addition, she maintains an active role with UCF medical students by teaching in preclinical years, psychiatry clerkship, serving as research mentor and specialty career advisor for medical students.



## **Manjula Kottapalli** MD, Associate Program Director

- Dr. Kottapalli is a board certified Psychiatrist that has served in leadership roles for over a decade in Outpatient/ Inpatient settings. Specializing in a wide range of psychiatric disorders that span from childhood to adulthood. She trained at Case Western Reserve University during her Residency and Fellowship. She is excited to be the Associate program director and Clinical Director at Osceola Regional Medical center.



**Martin Klapheke** MD, Director of Psychotherapy Training

- Dr. Klapheke is the Director of Psychotherapy Training, UCF/HCA Psychiatry Residency, and Professor of Psychiatry and Psychiatry Chair for Education at the UCF College of Medicine. He previously served as Program Director of the UCF/HCA Orlando Psychiatry Residency and was formerly Program Director of the Karl Menninger School of Psychiatry Residency. He completed psychoanalytic training at the Topeka Institute for Psychoanalysis.



**Henry Boilini** MD

- Medical Director of Psychiatry
- Core Faculty – Osceola Regional Medical Center
- Inpatient and consultation-liaison psychiatrist



**Shahid Elahi** MD

- Core Faculty – Osceola Regional Medical Center
- Inpatient and consultation-liaison psychiatrist

# Our Faculty



**Enrique Vargas** MD

- Core Faculty – Osceola Regional Medical Center
- Inpatient and consultation-liaison psychiatrist



**Paul Deci** MD

- Site Director – Orlando VAMC
- Adult psychiatrist



**Shirin Hasan** MD

- Core Faculty – Nemours Children's Hospital
- Outpatient Child Psychiatrist

# Current Residents



**Sarah Alam**  
MD  
PGY1



**Mabit Gonzalez**  
MD  
PGY1



**Michael Hale**  
MD  
PGY1



**Manojna Kintada**  
DO  
PGY1



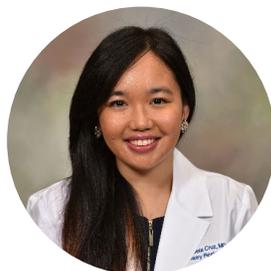
**Derek Lanuto**  
MD  
PGY1



**Harsh Patel**  
MD  
PGY1



**Monica Arias Garcia**  
MD  
PGY2



**Sonia De La Cruz**  
MD  
PGY2



**Katrina Kesterson**  
MD  
PGY2

# Current Residents



**Gabriella Meyerson**

DO  
PGY2



**Marisa Taddeo**

MD  
PGY2



**Israel Taylor**

MD  
PGY2



**Karla Flores Perez**

MD  
PGY3



**Akash Jaggi**

MD  
PGY3



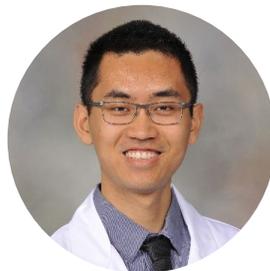
**Tatiana Nunez**

MD  
PGY3



**Jason T. Smith**

MD  
PGY3



**Victor Ye**

MD  
PGY3



**Waqar Zuberi**

MD  
PGY3



**Grace Kim**  
MD  
PGY4



**Dhara Shah MD**  
Chief Resident at Osceola  
Regional Medical Center  
PGY4



**Serena Mammen Weber MD**  
Chief Resident at Osceola  
Regional Medical Center  
PGY4



**Hassan Kanani MD**  
Chief Resident at Orlando  
VA Medical Center  
PGY4



**George E. Gianakakos, MD**  
Resident Matched at: Northwestern  
University/Lurie Children's Hospital in  
Chicago to pursue Child and Adolescent  
Fellowship - July 2021



**Erin P. Myers, MD**  
Resident Matched at: University  
of Minnesota in Minneapolis to  
pursue Child and Adolescent  
Fellowship - August 2021



# About the Program

The UCF/HCA Psychiatry Residency Program of Orlando is an exciting new program committed to providing excellent training in patient care, promoting diversity, equity and inclusion across the training spectrum, and encouraging lifelong scholarly work. The program provides broadly diverse clinical training sites combined with outstanding didactics and active learning methodologies covering the entire spectrum of Psychiatry, from neuroscience and psychopharmacology to the art and practice of psychotherapy. Our aim is that each graduating resident will have the knowledge, clinical skills, humility, and necessary expertise to practice Psychiatry in the 21st century.

The University of Central Florida (UCF) College of Medicine is sponsoring our program at Osceola Regional Medical Center in Kissimmee, Florida, and the Orlando V.A.M.C. The college is a forward thinking, innovative medical school and we will be building on its pioneering spirit as we invite you to consider training in our new program. There is a seamless integration of the residency program with the medical school. Residents can access the faculty at their Osceola or Orlando V.A. or UCF office locations. The COM librarians will assist residents and faculty with literature searches and finding appropriate journals for publications. Residents will have the responsibility of teaching UCF COM students at Osceola, Nemours and the Orlando VA rotations.

## Participating Facilities

Osceola Regional Medical Center is a 404-bed tertiary hospital that is part of the HCA hospital group and includes 500 affiliated physicians. There are over 18,000 annual admissions and 86,000 emergency visits. Of these, there were 446 direct admissions in the last calendar year to the inpatient psychiatric service and approximately 1,400 admissions from the Emergency Department. The volume/variety of patient demographics and diagnoses span the depth and breadth of a full service psychiatry service including inpatient, intensive outpatient, and partial hospitalization.

The new Orlando Veterans' Affairs Medical Center (VAMC) is a state-of-the-art, 1.2 million square foot facility featuring a large multi-specialty outpatient clinic which includes a wide-range of adult psychiatry and counseling services, 130-inpatient beds including psychiatry, ICU, medical and surgical suites, a 60-bed domiciliary, and a 120-bed outpatient living center within in-house psychiatric and counseling services, including geriatric psychiatry. It is located in Lake Nona across from UCF College of Medicine, and 14 miles from the primary clinical teaching site.

Nemours Children's Health System is a nonprofit hospital and clinic-based care. Located at Lake Nona Medical City, neighbors of UCF/COM and Orlando VA. It is a 360,000 square foot hospital and has 95 beds, including services such as pediatric ER, NICU and PICU and a Nemours Children's Clinic. During the second year of training, residents will train in child and adolescent psychiatry at Nemours.

# Curriculum

## PGY1 Schedule

- 4 months of primary care
  - Inpatient IM at Osceola (3 blocks)
  - Ambulatory Medicine at UCF Student Health (1 block)
- 2 months of neurology at Osceola
- 4 months of Inpatient psychiatry at Osceola
- 3 months of C/L psychiatry at Osceola (including 4 weeks of Night Float at Osceola)

## PGY2 Schedule

- 1 month of Emergency psychiatry at Osceola
- 1 month of Night Float at Osceola
- 2 months of Inpatient psychiatry at Orlando VA
- 2 months of Addiction psychiatry at Orlando VA
- 2 months of Child psychiatry at Nemours
- 2 months of Community and Forensic psychiatry at Aspire
- 1 month of Geriatric psychiatry at Orlando VA
- 1 month of Elective
- 1 month of VA C/L
- Starting January 1st of PGY2 year, ½ day of psychotherapy clinic at VA

## PGY3 Schedule

- Longitudinal outpatient clinic throughout the year
- Primary clinic site at Osceola
- Orlando VA outpatient sites
- Specialty clinics one day a week
  - Nemours Lake Mary clinic for child psych
  - Private Practice office
  - UCF Student Health
  - Transgender clinic

## PGY4 Schedule

- 4 months of Inpatient psychiatry at Osceola
  - Resident will function as junior attending to medical students and interns
- 3 months of C/L psychiatry at Osceola
  - Resident will function as junior attending to medical students and interns
- ½ 1 day of longitudinal clinic throughout the year
- 6 months of electives at Osceola, VA or other sites

## Psychotherapy

Our program places a strong emphasis on psychotherapy training for all residents. Psychotherapy didactics begin from week 1 of PGY 1 year and continue for all four years. Beginning January of PGY 2, each resident is assigned to a VA psychotherapy supervisor to participate in half day psychotherapy clinic. In PGY 3, residents are assigned two psychotherapy supervisors: VA and Osceola. Therapy modalities taught include: CBT, psychodynamic, DBT, supportive, ACT, PE, and combined med management and therapy. Senior residents are able to participate in one to two days intensive psychotherapy trainings offered by Orlando VA therapists.

# Curriculum

## Call Schedule

- PGY1 and 2 residents will be doing all of the weekend call
- PGY3 and 4 residents will be assigned back up call
- PGY1 residents will have weekend call on 12/13 blocks
  - No Call during outpatient Medicine rotation (Study Step 3)
  - IM and Neuro call as per those rotations
- - On Psych rotations, 2, 12 hour shifts either Saturday or Sunday for a 4 week block
- PGY2 residents will have weekend call for 8 9/13 blocks
  - No Call during their Elective block
  - VA inpatient rotation will have weekend call at the VA
  - Osceola weekend call on other outpatient rotations at VA, Nemours or Aspire
  - Similar to PGY1, will be assigned 2, 12 hour weekend shift over a 4 week block

DISCLAIMER: Call responsibilities may change (either increase or decrease) depending on hospital needs and other factors. Our residents are well under the 80 hour work rule

## Didactic Schedule

- Academic Half Day (AHD) is from 12-5 PM
- Tuesdays for PGY 1 - PGY 3
- Thursdays for PGY 4
- Didactics are shared with NOVA Southeastern Residency Program based at the Orlando VA
- Multiple resources used for didactics
- Powerpoints
- Journal articles
- ASCP and Decker curriculums
- Emphasis is on active learning methodologies
- Monthly Grand Rounds at Osceola and VA
- PRITE review sessions

## Other Areas

### Moonlighting:

- PGY 3 and PGY 4 residents are eligible to moonlight at Aspire. They have to be in good standing with the program.

### Community Service:

- Residents can volunteer at Knights clinic which is run by UCF med students.

### Research:

- Our residents have published case reports and are working on QI projects with the goal of poster presentations and publications.
- HCA provides extensive research support from conception to publication.

### Resources:

- Each resident is provided with a laptop and iPhone by HCA.
- Subscriptions to: NEI, Rosh Review, Psychiatry Online, Decker and core psychiatry textbooks through UCF COM library.

### Wellness:

- Twice a year retreat for all residents planned by chief residents.
- Welcome and Holiday events are also planned.

## Perks:

### Call rooms:

- Call rooms are available for residents during Night Float rotation.

### Lactation room:

- Lactation rooms are available in the GME Suite and in the Hospital.

### Meals:

- Residents are provided with free meals at ORMC. Meal tickets are provided at Nemours.

### Parking:

- Parking is free at all our facilities (ORMC, Orlando VA, Nemours, Aspire).

# About the program



# Osceola Regional Medical Center



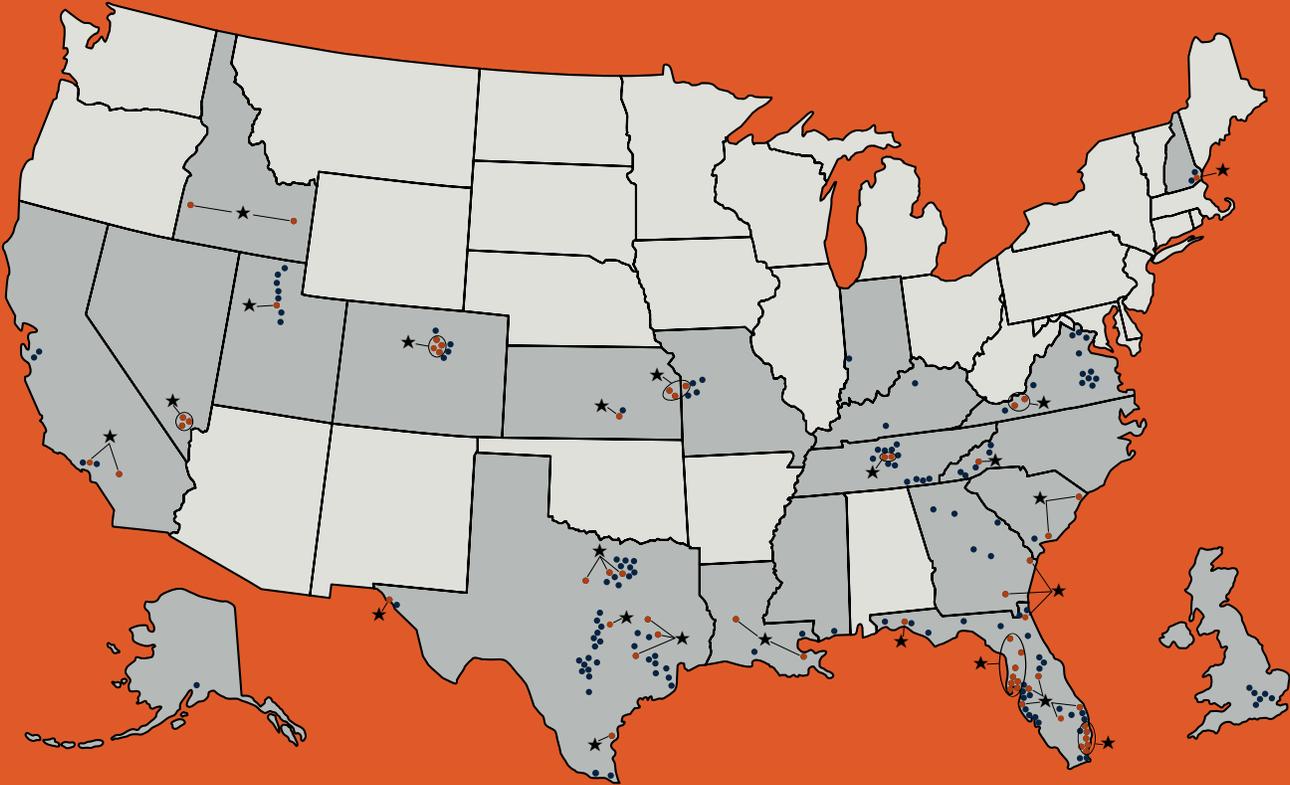
# About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

**To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).**



Our residency and fellowship programs are in **59**  
hospitals located in **16** states



⊛ Residency or Fellowship Program  
● HCA Healthcare Hospital



## Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

**4,637**  
residents

**289**  
fellows

**218**  
specialty programs (residencies)

**79**  
sub-specialty programs  
(fellowships)



## Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

**2,500+** HCA Healthcare GME scholarly activities in 2020-21.



## Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

**32+ million** patient encounters  
**7.4 million** emergency room visits  
**215,000+** babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

# A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

#### **Notable Publications**

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

#### **Notable Presentations**

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

## **Influential Collaboration**

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

**HCA Healthcare Scholarly Commons** is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

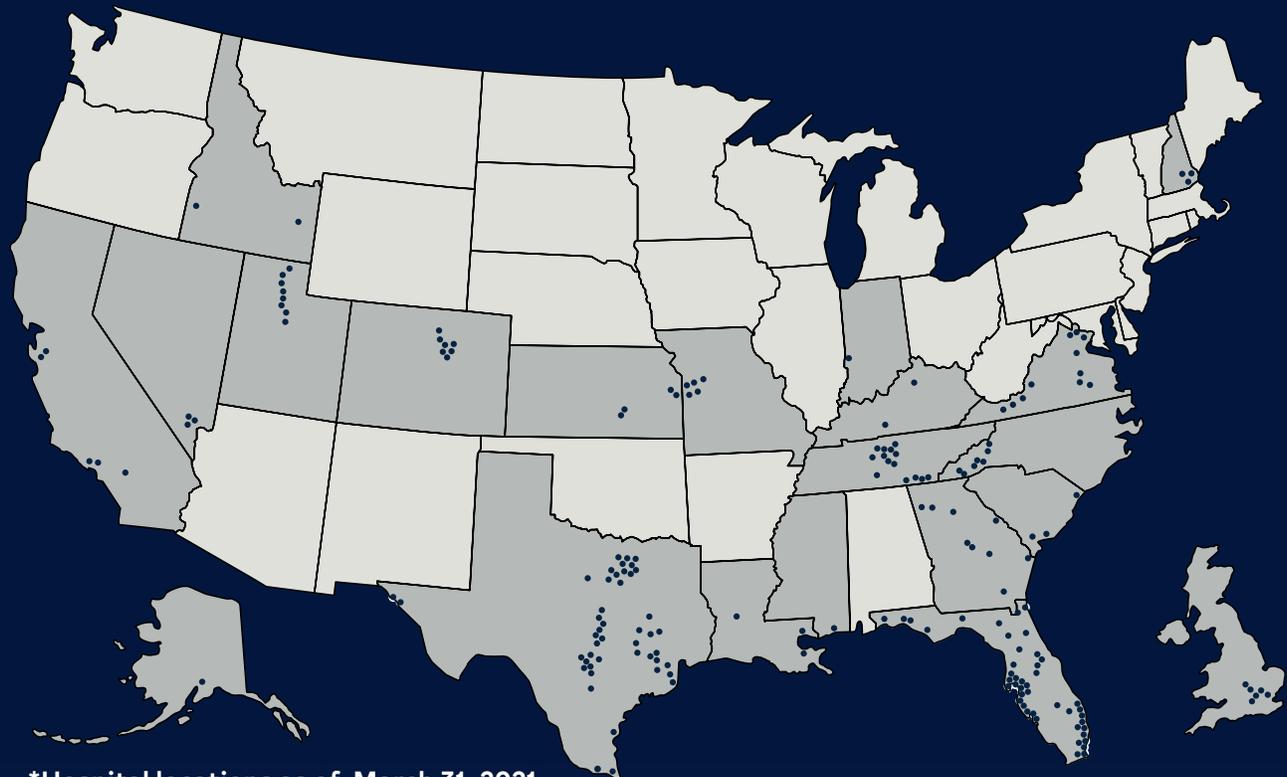


# About HCA Healthcare

HCA Healthcare is one of the nation's leading providers of healthcare services and is comprised of 186 hospitals and more than 2,000 sites of care including surgery centers, freestanding ERs, urgent care centers, diagnostic and imaging centers, walk-in clinics and physician clinics in 20 states and the United Kingdom. With its founding in 1968, Nashville-based HCA Healthcare created a new model for hospital care in the United States.



**186** hospitals and more than **2,000** sites of care  
located in **20** states and the United Kingdom



\*Hospital locations as of March 31, 2021

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## Size

**275,000**  
colleagues

**93,000+**  
registered nurses

**47,000<sup>^</sup>**  
active and affiliated physicians



## Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

**32+ million**  
patient encounters

**7.4 million**  
emergency room visits

**215,000**  
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



## Giving Back

**\$3.4+ billion**  
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

**\$45 million**  
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.\*

\*Starting in 2021



## Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

<sup>^</sup>Approximate

